

A New Practitioner's Guide to Teletherapy: Real-World Applications Participant Worksheet

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Learning Outcomes

- Describe and understand the benefits of the more common public teletherapy platforms.
- Identify at least 5 digital materials, websites, and telehealth-compatible therapy materials that are effective for speech and language therapy, occupational therapy, and mental health services that you can use in future telehealth sessions.
- Review discipline-specific case samples and determine the most appropriate materials and platforms to use in your own setting.

Important Security Considerations

Security and Encryption

- FERPA and COPPA
- Internet connection
- _____ Authentication

Provider Responsibility

- Education and Awareness
- Emergency Response Plan
- Control Access

Test Your Knowledge

The therapy platform you choose should provide proper security measures to be FERPA and COPPA compliant.

Circle the Correct Answer:

True or False

Platform Considerations-Zoom

Strengths:

Weaknesses:

Test Your Knowledge

Why is the "Screen Share" feature in Zoom valuable for teletherapy in schools?

Choose the Correct Answer:

- It allows therapists to annotate shared content.
- It records teletherapy sessions for later review.
- It facilitates real-time text-based communication.
- It enables the display of educational materials and interactive therapy sessions.

Platform Considerations–Google Meets

Strengths:

Weaknesses:

Test Your Knowledge

Which benefit of Google Meet for teletherapy is especially significant for speech and language therapy, ensuring that students' speech patterns and expressions are clearly observed?

Choose the Correct Answer:

- Seamless Integration
- Accessibility
- Security
- High-Quality Video and Audio

Platform Considerations–Microsoft Teams

Strengths:

Weaknesses:

Test Your Knowledge

Which video conferencing platform is known for its wide range of features, including screen sharing with annotation, breakout rooms, and interactive tools like polls and reactions, making it suitable for engaging teletherapy sessions in educational settings?

Choose the Correct Answer:

- Google Meet
- Microsoft Teams
- Zoom

Essential Factors for Therapy Materials

- Educational Standards
 - Age-Appropriateness
 - Engagement and Interactivity
 - _____ and Security
 - Compatibility with Technology
- Customizability
 - Cultural Sensitivity
 - Accessibility
 - _____Practice

Test Your Knowledge

When selecting school-based teletherapy materials, you need to consider _____ to ensure they align with the student's Individualized Education Plans (IEP) and therapy objectives.

Choose the Correct Answer:

- Engagement and Interactivity
- Educational Standards
- Technological Compatibility
- Age-Appropriateness

Resources-Materials Speech/Language

Ultimate SLP	TpT Digital easel (WH question example)
Super Duper	Troll in a bowl
Highlights Kids	YouTube
SLP Toolkit	SLP Now
The Dabbling Speechie	Peachie Speechie
ABCya!	PBS KIDS
Toy Theater	Epic
National Geographic Kids	Virtual Field Trips- WorldWildLife.org

Resources-Materials Occupational Therapy

The OT Toolbox	Tools to Grow
Pink Oatmeal	ABCya!
IPT	Your Therapy Source
Boom Cards	Handwriting Without Tears
Primary Games	PBS KIDS
Online coloring books and coloring pages	Dice Roller - Roll a Die Virtually Online
OT Closet - YouTube	Early Years Emily - YouTube
HANDWRITING WARM UPS BEGINNER 5 Minute Hand and Finger Exercise 	Jigsaw Planet

Resources-Materials Physical Therapy

Cosmic Kids Yoga - YouTube	GoNoodle
Pink Oatmeal	Fitness Bingo!
TPT	Boom Cards
Tools to Grow	

Resources-Mental Health Therapy

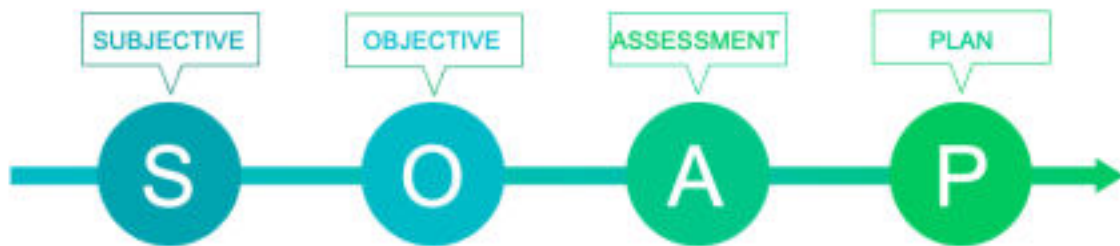
Epic	BOOM Cards
WordWall	Read Aloud Books - YouTube
Digital Journal - Writing Projects with Google Slides	Vooks
Wheel of Names	Find Jeopardy Games About feelings
Video Series: Jane the Brain - National Institute of Mental Health (NIMH)	EverBlock Builder
Life Skills - Calming Strategies Toolbox	Online Sand Tray
Interactive Therapy Tools for Children Therapist Aid	Mental Health America
Online Rubik's Cube	Whole Child Counseling
Inspiral Web	Sesame Workshop
Free Tools PlantLoveGrow	The Imagine Project-Journaling

Additional teletherapy resources are available at: [Real World Application School-Based Teletherapy Padlet](#)

Case Study-SLP

Case Study-OT

Case Study-Mental Health



Subjective	Objective	Assessment	Plan
Statement about relevant student behavior or status	Measurable, quantifiable, and observable data	Critical impressions and interpretation of the session	Recommended next steps for treatment; plan for next session

SOAP Notes

- Subjective, _____, Assessment, Plan
- Accurately record _____ details of a therapy session

Pause and Reflect

Write a SOAP note based on the therapy session from your discipline

S:

O:

A:

P:

Pause and Reflect

What teletherapy platform would fit your practice best, and what three activities would you choose for a therapy session?

Platform Resources

Zoom

- [FERPA Guide](#)
- [Children's Educational Privacy Statement](#)
- [Zoom and](#)

Google Meets

- [Chromebooks](#)
- [FERPA Compliance](#)
- [COPPA Compliance](#)

Microsoft Teams

- [FERPA Compliance](#)

