



Multi-Tiered System of Supports for Addressing Mental Health Services in Schools: An Overview & Introduction

August 25, 2022

Presented by

John Kelly, PhD
School Psychologist



Moderated by

Jeremy Glauser
Founder/CEO, eLuma

Introduction

Who is eLuma?

eLuma

- ▶ Dedicated to helping students achieve their full potential. We strive to provide a systemic solution in the areas of mental health and special education.
- ▶ Provides live services online with dedicated therapists
- ▶ Founded in **2011**
- ▶ Comprised of **300+ dedicated team members**
- ▶ Over **32,000 students served** in 36 states
- ▶ Twitter [@eLumaTherapy](https://twitter.com/eLumaTherapy)
- ▶ Facebook [@facebook.com/elumatherapy/](https://facebook.com/elumatherapy/)



Agenda

Introduction	1:00 pm EST (5 minutes)
Presentation	1:05 pm EST (25 minutes)
Discussion	1:30 pm EST (20 minutes)
Q&A	1:50 pm EST (10 minutes)

This Webinar

A few facts:

- ▶ Part of our Webinar Series, "Office Hours with Dr. John Kelly."
- ▶ Register for upcoming webinars or the entire series at: <https://eluma.com/webinars/>
- ▶ Recording link, Slide Deck and Certificate of Attendance will be sent after the webinar.

eLuma MTSS & Mental Health Webinar Series
FALL OFFICE HOURS WITH DR. JOHN KELLY

				
John Kelly 8/25	Kelly Vaillancourt 9/14	Shauna Rader Kelly 10/27	Maurice Elias 11/17	Pola Morrison 12/14

 eLuma **Aug 25 - Dec 14, 2022** Watch in-person or on-demand
1:00 PM EST

The Presenter: Dr. John Kelly



- Dr. John Kelly is a retired school psychologist from the Commack School District, where he worked for 35 years.
- He is also an Adjunct Professor at St. John's University in the School Psychology program.
- Dr. Kelly is on the Executive Board of the New York Association of School Psychologists (NYASP) and is a Past-President of the National Association of School Psychologists (NASP).
- Dr. Kelly has received numerous state and national awards, including the NYS School Practitioner of the Year in 2001 and the NASP School Psychologist of the Year in 2003.

The Big Ideas

- Multi-tiered systems of support that include prevention and intervention services improve behavior in schools.
- Multi-tiered systems of support improve access to needed services and resources.
- Service delivery within a multi-tiered system of supports increases student engagement and improves achievement.

The Presentation



eLuma


Office Hours with Dr. John Kelly

***A Conversation Series Exploring
The Provision of School-based Mental
Health Services within a Multi-Tiered
Systems of Support Framework***

with

Jeremy Glauser
eLuma CEO

John Kelly
School Psychologist



Moving Upstream:
A Story of
Prevention and
Intervention

“It occurred to me that someone ought to go upstream and find out why so many kids were falling into the river. What I found is that the old wooden bridge had several planks missing, and when some children tried to jump over the gap, they could not make it and fell through into the river. So I got someone to fix the bridge.”



Declaration of a National Emergency in Child and Adolescent Mental Health



**IMPORTANT
ANNOUNCEMENT**

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®



What is Mental Health?



- Mental health is not simply the absence of mental illness but also encompasses social, emotional, and behavioral wellness and the ability to cope with life's challenges.

What We Know...

- The earlier school staff can identify students' difficulties, the quicker and less expensive the task is to help them catch up
- The longer a student goes without assistance, the longer the remediation time and the more intense the services must be

How do we effectively address student's needs?

Multi-Tiered Systems of Support (MTSS)

It's a framework many schools use to give targeted support to struggling students

Multi-Tiered System of Supports

- Mental and behavioral health services fall on a continuum and are increasingly provided within a multi-tiered system of supports
- Tier I: promotion of mental and behavioral wellness and prevention of mental and behavioral health problems
- Tier II: direct and indirect services to address emerging mental and behavioral health problems and prevent risky behaviors
- Tier III: direct and indirect services to address identified mental and behavioral health problems
- **services provided by at all three levels are considered mental and behavioral health services**

What's the difference between MTSS & RTI?

RTI is part of an MTSS framework, but the inverse is not true.

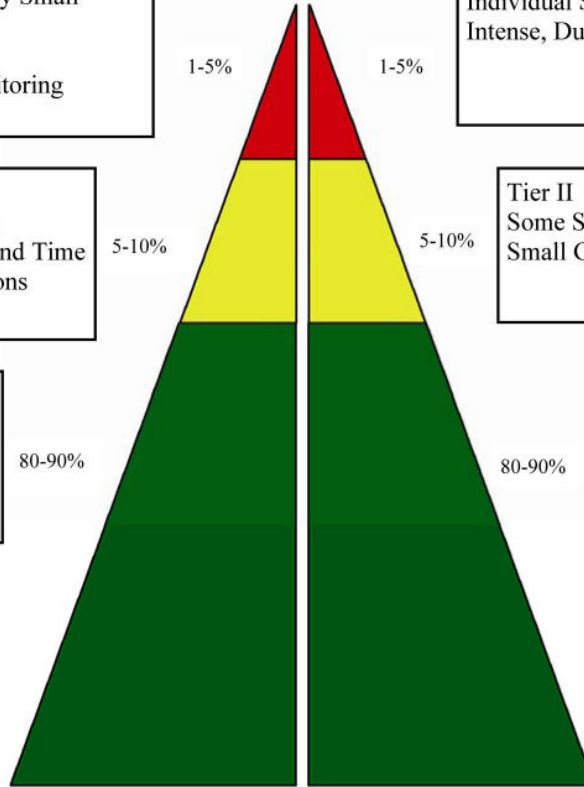
MTSS provides a more complete solution. It not only implements an intervention process (RTI), but addresses behavior issues, provides support for educators and recognizes the need to incorporate outside influences.

Academic Systems

Tier III
Individual Students/Very Small Group
High Intensity
Frequent Progress Monitoring

Tier II
Some Students (at-risk)
Additional Instruction and Time
Small Group Interventions
Progress Monitoring

Tier I
All Students
Universal Screening



Behavioral Systems

Tier III
Individual Students
Intense, Durable Procedures

Tier II
Some Students (at-risk)
Small Group Interventions

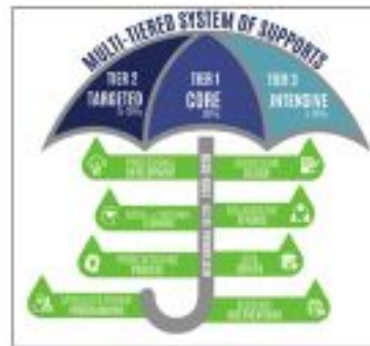
Tier I
All Settings
All Students
Preventive
Proactive

Evolution of MTSS – The Umbrella

- MTSS evolved further by including a variety of programs under the MTSS umbrella.
- Districts include a variety of different programs and focus areas surrounding the core 3 – Academic, Behavioral, Social-Emotional.



Figure 1. MTSS: The essential components of a Multi-Tiered System of Supports (MTSS) framework

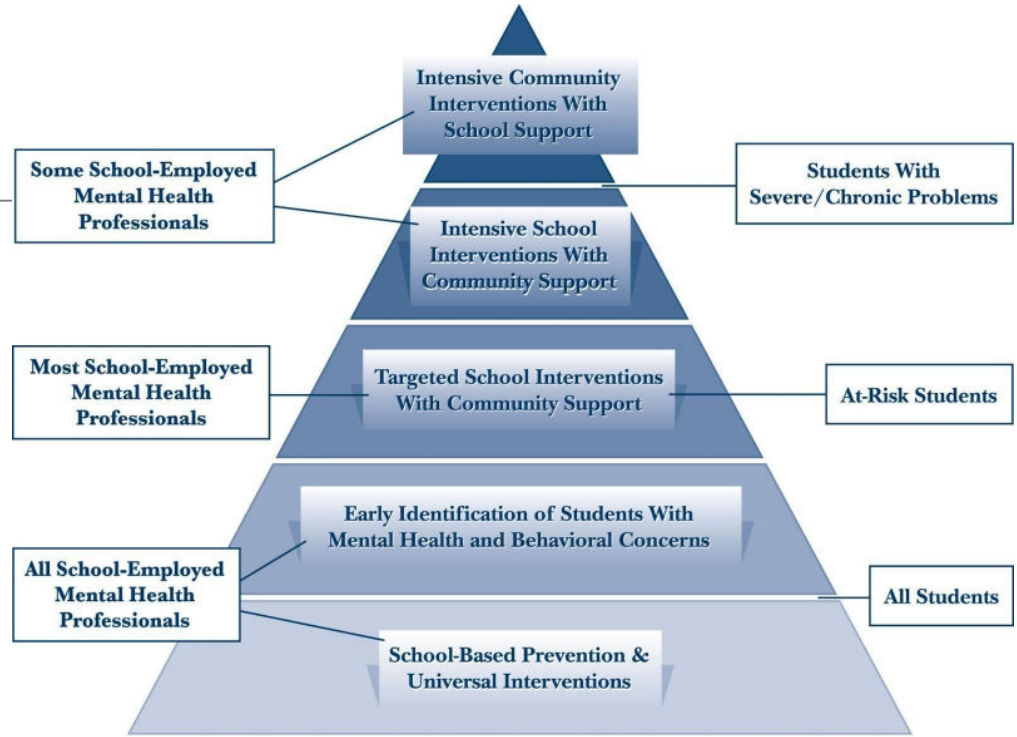


Refocus School-Based Mental Health Services On the Core Foundation of Schools:

To Promote Learning



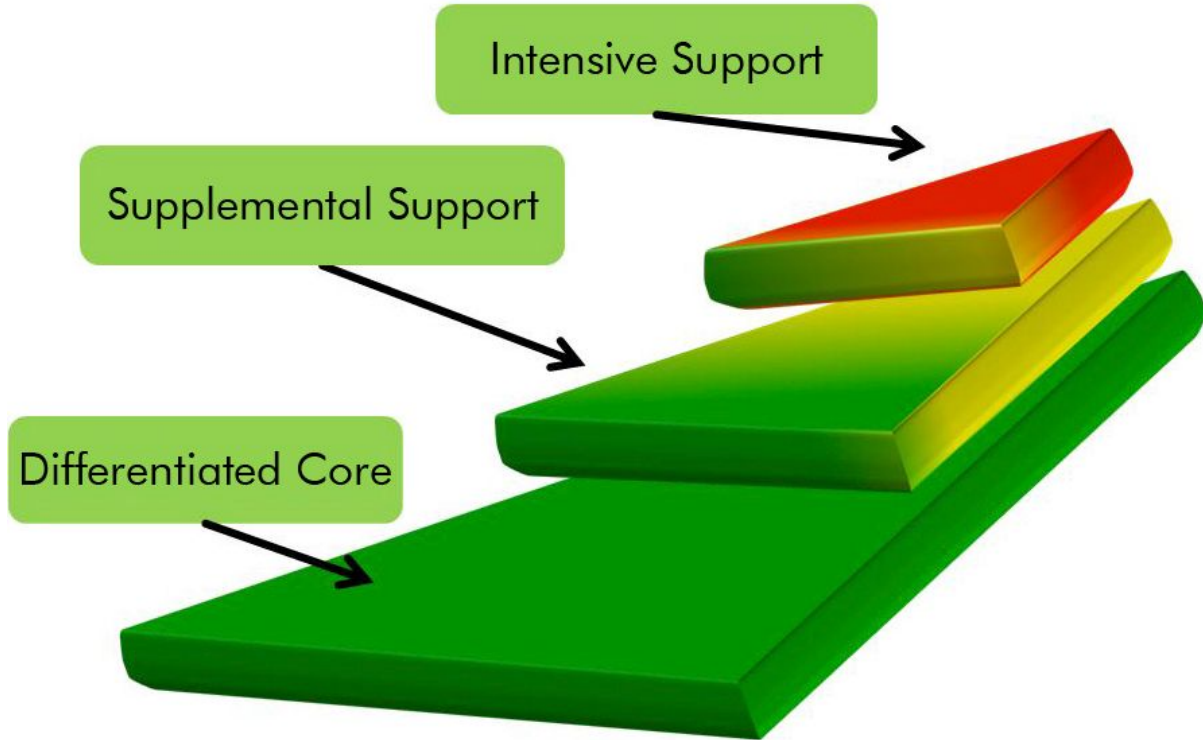
Model of School Mental Health Services



The Continuum of School Mental Health Services

Adapted from "Communication Planning and Message Development: Promoting School-Based Mental Health Services" in *Communique*, Vol. 35, No. 1. National Association of School Psychologists, 2006.

Layering of Support



Q & A

Upcoming Webinars



Phyllis Wolfram

Moving Special Education Forward Together

Friday, September, 2022 at 1 pm EST

In this webinar, we are so lucky to have Phyllis Wolfram, the Executive Director of CASE, join us to report on the 2022 Special Education Legislative Summit, the overall state of special education, and how you can get involved in making it better. If you want to learn the latest in most important developments in special education, this is one event you won't want to miss.

*Register for this webinar and/or the entire series at: <https://eluma.com/webinars/>

Upcoming Webinars



**Kelly Vaillancourt
Strobach, PhD**

Advocacy Strategies to Promote Sustained and Equitable Access to Comprehensive School Mental and Behavioral Health Services

Wednesday, September 14, 2022 at 1 pm EST

This webinar will provide an overview of current federal funding streams available to support sustained & equitable access to comprehensive school mental/behavioral health services; highlight key initiatives supported with this funding; and review key actions at every level that are necessary to ensure sustainable school mental/behavioral health service delivery.

*Register for this webinar and/or the entire series at: <https://eluma.com/webinars/>

Thank You

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